

### Hewitt and Grant Product list Spring 23

Below is the majority of what we stock throughout the year. There are a few seasonal variations such as game birds that are only available at certain times. Please check with a member of staff. Please check prices at time of ordering as due to market fluctuations prices are liable to shift both up and down

Everything is priced per kilo unless otherwise stated. 1kg is the equivalent to 2.2lb if you are used to using imperial measures.

We can cut to size to a required weight and we can advise on sizing

#### Pork blythburgh free range

Leg of pork 12  
Shoulder 10.80  
Loin/chops 12.00  
Boned and rolled loin 16.65  
Belly 12.00  
Fillet (tenderloin) 15.00  
Pork steak 13.50  
Pork mince 9.50  
Spare ribs 13.50  
Diced pork 12.00  
Pork schnitzel 14.00

Sausages (16 sausage in a kilo, order by weight or specify the amount of individual sausages you require) £10.35/kg

- Traditional
- Pork sage and red onion
- Pork and apple
- Cumberland
- Hickory smoke
- Lincolnshire
- Hickory smoke
- Toulouse

More flavours available please ask

-tropic thunder super spicy 12.50  
Venison (contains pork) please ask for availability 11.50

Lamb cranberry and rosemary, please ask for availability 10.50  
Pork Chipolatas 11.65  
sausage meat 9.50

Bacon and Gammon  
Dry cure Gammon 11.25  
Gammon steaks 11.50  
Dry cure Back bacon smoked and unsmoked 13.95  
Dry Cure Streaky bacon smoked and unsmoked 13.95  
Beer and treacle cured Back Bacon 19.95

### Lamb

Rolled loin 22.75  
Diced lamb 22.70  
Leg of lamb 14.50  
Shoulder 13.15  
Loin chops 19.20  
Lamb steaks 21.70  
Lamb mince 15.00  
Lamb shanks 13.00  
French trimmed rack lamb 17.90

### Poultry

Chickens available in 1.4kg 1.6kg 1.8kg 2.0kg £4.98  
Chicken Crown/Breast full bone £5.94  
Chicken Breast fillet 11.50  
Chicken Supreme 8.90  
Chicken legs, £7.95,  
Thighs £8.25  
Drumsticks £7.50

### Beef

Ribeye steak 38.00  
Fillet steak 43.95  
Rump steak 21.95  
Sirloin steak 29.95  
Bavette (flat iron) 18.00  
Topside 14.95  
Rolled Rib 39.00  
Rib on the bone £23.00  
Rolled sirloin 25.00

Brisket 14.20  
Braising steak 13.40  
Shin 11.89  
Mince 9.75  
Rump burger 2.60  
Oxtail 9.50  
Cheek 14.40  
4oz burger 1.40  
6oz burger 2.10  
Short ribs 9.95  
Shin 8.95

Liver 6.50

### Venison

Shoulder diced 15.25  
Haunch 14.50 on bone/ boned 17.75  
Loin fillet 25.00  
Sausages (contains pork) 10.50

Ox Kidney 5.00 kg

### Burgers

Molten core cheese burger ( available may-sep) £3.00  
6oz rump burger £2.50  
6oz h&g classic beef £1.70  
4oz h&g beef qtr pounder £1.40  
4oz minted lamb 1.60  
4oz pork and apple 1.20  
4.oz southern fried chicken 1.20

-Tropic Thunder super spicy 10.50  
Venison (contains pork) 10.50  
Lamb cranberry and rosemary 10.50  
Pork Chipolatas 9.00

Lamb Kofta £1.35  
Spicy Pork Kofta £1.00  
Chicken kebabs (various flavours see below) £13.50

Baby back ribs £10.50

List of dry rub marinades ( these can be applied to any meat of your choosing)

Smokey BBQ (gf)

Maple BBQ (gf)

Peri Peri (gf)

Sweet chili (gf)

Garden mint (gf)

Thai spicy salt and pepper (gf)

Tikka Tandoori (gf)

Chinese (gf)

Official Guinness dry rub

Lemon Pepper

American peppersteak

Deli per kg

Cooked ham 14.90

Cornbeef 12.50

Salt beef 18.00

Binham blue cheese 22.50.

Snowdonia truckel 4.50 each

Red devil cheese

Black bomber

Red storm

Ruby mist

Grana padano/parmesan wedges 3.99 each

Halloumi 3.75 each

Red fox red leicester 14.50

Brockmoor mature cheddar 11.50

Butlers secret ex mature 12.50

Chorizo ring 3.99 each

Please ask for other cheeses, we have a constantly evolving collection

Pate £2.50 each

Garlic

Brussels

Mushroom

Ardennes

Homemade Pies and pastries

Homemade large Pork pie £4.50  
Homemade large Spiced Apple Pork pie £4.99  
Homemade Large Black pudding Pork pie £4.99

Sausage rolls 1.35  
Luxury all butter puff sausage roll 2.99  
Norfolk Pasty(Lamb, carrot, potato) 2.75  
Steak pie 2.40  
Steak and kidney pie 2.25  
Chicken and mushroom pie 2.49  
Small pork pie 2.25  
Large pork pie 4.99  
Chicken and chorizo pasty 3.00  
Eccles cake 95p  
Apple pie 2.50

Yare valley oils £2.00 for 500ml (glass bottle £3.00 which can be reused)

#### Milk and dairy

All our Milk and dairy is supplied by our friends at Nortons Dairy of Frettenham  
Available in Skimmed, Semi skimmed and Whole. Please check for availability on all dairy.

Single pint 1.00  
2 pints 1 85  
4 pint 3.40  
Cream 2.25  
Butter 2.59  
Yogurt 2.50

#### Eggs

Large free range( barn egg due to avain flu ) £3.90 a dozen  
" " " " £1.95 half doz  
" " " " £9.05 tray (2.5doz)

#### Others

Goose fat / beef dripping £2.50  
Potts Stock cans £2.85

### Frozen

Duck breast 15.50

Duck legs 12.00

Game birds when available

Pork baby back ribs 9.50

Lamb shanks 8.99/kg

Turkey mince 5.00 kg

### Oven Ready meals

Our oven ready meals are great for when you're short of time but still want something delicious. Simply choose your meat option and then the sauce to go with it.

Beef 11.00/kg

Lamb 13.00/kg

Pork 10.00/kg

Chicken 11.00/kg

Honey mustard Casserole

Stroganoff

Tikka masala

Rogan josh

Frozen brick pizza

Pepperoni 8.99

Capricosa 8.99

Mozzarella 7.99

Greengrocery prices always fluctuating so please ask

Cabbage

Cauliflower

Onion

Carrot

Potato

Peppers

Herbs

Garlic

Spring onion

Lettuce

Cucumber

Cherry tomatoes

Apples

Banana

Oranges

Conference pears

Please ask for anything else

Bread and pastries supplied by Craft Bakery cromer

Sourdough loaf 3.90

Large farmhouse 3.20

Sml farmhouse 1.75

Large granary 3.20

Small granary 2.10

Sml multi seed 2.70

Other breads available to order please ask

Croissants 2 pack 3.00

Pain au chocolate 2.50

Danish /cinnamon bun 3.00

We have an extensive selection of store cupboard items and ingredients including table sauces, jams and preserves, flours

Pasta, rice, BBQ dry rubs etc please visit

[www.hewittandgrant.com](http://www.hewittandgrant.com) for more info.